




SACRED SPACE HOMEBIRTH
PACKAGES



SACRED SPACE HOMEBIRTH PACKAGES

	BASIC PACKAGE \$7500	STANDARD HOME VISIT PACKAGE \$8500	PREMIERE HOME VISIT PACKAGE \$10 500
PRENATALS AT HOME	36WKS	ALL	ALL
PRENATALS IN CLINIC	ALL EXCEPT 36 WKS	NONE	NONE
POST PARTUMS IN CLINIC	ALL EXCEPT FIRST	AFTER FIRST 3	NONE
POST-PARTUMS AT HOME	FIRST 24-72 HOUR VISIT	FIRST 3 POST PARTUMS	ALL
STANDARD FUNCTIONAL NUTRITION LABS & NUTRITION GUIDE THROUGH PREGNANCY	YES	YES	YES
MENTAL WELLNESS VISITS	3	3	MONTHLY
PRENATAL YOGA	TWICE A MONTH	TWICE A MONTH	TWICE A MONTH
PRIVATE YOGA IN HOME WITH PRENATAL VISIT	NO	NO	3 (CAN BE COMBINED WITH CHILDBIRTH CLASSES)
CHILDBIRTH EDUCATION CLASSES	3	3	3
BIRTH TUB LENDING	IF AVAILABLE BY 36WKS	INCLUDED	INCLUDED
NEW BORN SCREENS	INCLUDED	INCLUDED	INCLUDED
LABS	RUNS THROUGH INSURANCE (IN CASE OF NO INSURANCE : \$500 CASH PAY)		



WE DO NOT DIRECTLY TAKE INSURANCE. WE HAVE A BILLER WHO CAN SUBMIT FOR INSURANCE REIMBURSEMENT IF THAT IS A SERVICE YOU ARE INTERESTED IN. SHE TAKES 10% OF WHATEVER IS REIMBURSED AS HER FEE. YOU STILL PAY OUR FEE, SHE JUST SUBMITS FOR REIMBURSEMENT AFTER YOU'VE HAD YOUR BABY AND SEE WHAT INSURANCE IS WILLING TO REIMBURSE. THERE IS NO GUARANTEE INSURANCE WILL REIMBURSE FOR OUR SERVICES. IF YOU GO TO HER WEBSITE (BIRTHPROFESSIONALBILLING.COM) AND DO A VERIFICATION OF BENEFITS, THE RESPONSE EMAIL WILL HELP YOU BETTER UNDERSTAND YOUR BENEFITS AND POSSIBLE REIMBURSEMENT. THE VERIFICATION OF BENEFITS ALSO HELPS HER BETTER ANSWER YOUR QUESTIONS REGARDING REIMBURSEMENT. THIS IS HER AREA OF EXPERTISE AND SERVICE. WE ARE NOT INVOLVED IN THE PROCESS AT ALL.

EMAIL: INFO.SACREDSPACECOLLECTIVE@GMAIL.COM
TEL: 888 475 8155
FAX: 801 685 3165
WEBSITE: WWW.AUSTINHOMEBIRTHMIDWIFE.COM

BASIC PACKAGE

\$7500: ASSUMING LABS GO THROUGH INSURANCE

INCLUDES STANDARD MIDWIFERY CARE:

- PRENATAL APPOINTMENTS IN OFFICE (MONTHLY UNTIL 28 WEEKS, BI-WEEKLY FROM 28-36 WEEKS, AND WEEKLY FROM 36 WEEKS TO DELIVERY)
- 36 WEEK HOME VISIT
- ADDITIONAL PRENATAL APPOINTMENTS IF NEEDED.
- 24/7 ON CALL MIDWIFE ACCESS
- VITAMIN K AND ERYTHROMYCIN FOR NEWBORN (IF DESIRED).
- BIRTH POOL IF AVAILABLE BY 36 WKS
- EXTRA BIRTH/POSTPARTUM ASSISTANTS.* (ADDITIONAL FEE ADDED IN THE CASE OF BREECH OR TWINS)
- POSTPARTUM CARE FOR CLIENT AND BABY IMMEDIATELY AFTER BIRTH FOR A MINIMUM OF 2 HOURS.
 - IN-HOME VISITS AT 24-72 HOURS POSTPARTUM,
 - IN OFFICE VISITS APPROXIMATELY 1 WEEK, 2 WEEKS, 4 WEEKS, AND 6 WEEKS POSTPARTUM.
- ONE NEWBORN SCREEN, 24-72 HOURS. (OPTIONAL)
- ONE NEWBORN SCREEN, 1-2 WEEKS. (OPTIONAL)

ALSO INCLUDES:

- STANDARD FUNCTIONAL LABS & NUTRITION SUPPORT WITH FUNCTIONAL DIETITIAN
- 3 MENTAL WELLNESS APPOINTMENTS WITH DUAL CERTIFIED CNM/ NURSE PRACTITIONER
- TWICE A MONTH PRENATAL YOGA CLASSES
- 6 CHILDBIRTH EDUCATION CLASSES

MATERNAL LABS INCLUDE:

ROUTINE OB LABS PLUS SOME FUNCTIONAL LABS INCLUDED

- FULL OB PANEL INCLUDING HIV, HEP B, HEP C.....INITIAL VISIT
- URINE CULTURE.....INITIAL VISIT
- CHLAMYDIA & GONORRHEA, TRICHOMONAS.....INITIAL VISIT
- FULL THYROID WITH HASHIMOTO SCREEN...../.....INITIAL VISIT
- VIT D.....INITIAL VISIT
- FULL IRON PANEL.....INITIAL VISIT
- INFLAMMATORY MARKERS.....INITIAL VISIT, 28 WKS,
- AVERAGE GLUCOSE/INSULIN METABOLISM(.....<11 WKS
- CBC AND FERRITIN.....INITIAL VISIT, 28 WKS, 36 WEEKS
- GESTATIONAL DIABETES SCREEN.. (OPTIONS AVAILABLE)....28 WKS
- GROUP B STREP36 WKS
- RH NEGATIVE ANTIBODY SCREENS IF NEEDED.....26 WKS

CLINIC ADDRESS : LOTUS HOUSE
13805 ANN PL
AUSTIN
78728

NOT INCLUDED:

- FULL FUNCTIONAL LABS
- ALL ULTRASOUNDS
 - RECOMMENDED ULTRASOUNDS:
 - DATING ONLY IF NEEDED/DESIRED
 - ANATOMY SCAN 19-22 WEEKS
 - BIOPHYSICAL PROFILE EVERY 3 DAYS STARTING AT 41 WEEKS.
 - INSURANCE CAN BE USED AT MATERNAL FETAL MEDICINE WITH A REFERRAL FROM US OR
 - TYPICALLY \$150-\$250 CASH PAY AVAILABLE PER ULTRASOUND
- ADDITIONAL MATERNAL LABS INCLUDING GENETIC SCREENING.
 - GENETIC SCREEN CAN RUN THROUGH INSURANCE OR BE PAID CASH,
- RHOGAM.
- DOULA SUPPORT.
- VITAMINS AND SUPPLEMENTS.
- HOME BIRTH ACCESSORIES FOR TUB: TUB LINER, ADAPTERS, HOSE
- HOME BIRTH ITEMS REQUIRED LIKE TOWELS, BLANKETS, SANITARY PADS ETC
 - WE WILL PROVIDE A LINK TO A HOME BIRTH SUPPLY KIT

PAYMENT SCHEDULE

BASIC PACKAGE \$7500

OUR COLLECTIVE MIDWIFERY CARE IS BROKEN INTO TWO PARTS

- PRENATAL SERVICE : WEEK 10-37
- ON CALL SERVICE : WEEK 37- 6 WEEKS POST PARTUM

- INITIAL DEPOSIT \$500 DUE AT INITIAL APPOINTMENT
 - (IF LABS ARE CASH PAY : ADDITIONAL \$500)
- PRENATAL SERVICE \$3500
 - REQUIRED MONTHLY PAYMENTS/DEBIT PLAN FROM 14 WEEKS, TERMINATES AT 34 WEEKS.
- ON CALL SERVICE \$4000 PAID AT 36 WEEKS.

REFUND POLICIES

- WEEK 10-34 : AUTOMATIC DEBIT PAYMENTS WILL BE SET UP. THESE PAYMENTS CREATE ONE PRENATAL **PACKAGE THAT IS NON REFUNDABLE**. THESE FEES INCLUDE ACCESS TO FUNCTIONAL MEDICINE CONSULTS, MENTAL WELLNESS CONSULTS, PRENATAL YOGA AND CHILDBIRTH EDUCATION CLASSES REGARDLESS IF YOU TRANSFER OUT OF CARE PRIOR TO 37 WEEKS.

- WEEK 36 WILL COME WITH AN INVOICE FOR ON CALL SERVICE FEES. BY 37 WEEKS WE ARE ON CALL FOR YOUR BIRTH 24/7 UNTIL YOU HAVE DELIVERED. **THIS FEE IS NON REFUNDABLE**.
 - IN THE SITUATION THAT YOU TRANSFER PRIOR TO 37 WEEKS, YOU WILL NOT BE RESPONSIBLE FOR THE ON CALL SERVICE FEE
 - IN THE SITUATION THAT YOU TRANSFER AFTER 37 WEEKS PRIOR TO LABOR DUE TO PREGNANCY COMPLICATIONS, WE REMAIN PART OF YOUR TEAM IN DECISION MAKING, SUPPORT AND POST-PARTUM CARE.
 - IN THE SITUATION THAT YOU TRANSFER DURING LABOR, WE ACCOMPANY YOU AND GIVE SUPPORT AS NEEDED AS WELL AS POST PARTUM CARE AFTER HOSPITAL DISCHARGE.

HOME VISIT PACKAGE

\$8500: ASSUMING LABS GO THROUGH INSURANCE

INCLUDES STANDARD MIDWIFERY CARE:

- PRENATAL APPOINTMENTS **IN HOME** (MONTHLY UNTIL 28 WEEKS, BI-WEEKLY FROM 28-36 WEEKS, AND WEEKLY FROM 36 WEEKS TO DELIVERY)
- ADDITIONAL PRENATAL APPOINTMENTS IF NEEDED.
- 24/7 ON CALL MIDWIFE ACCESS
- VITAMIN K AND ERYTHROMYCIN FOR NEWBORN (IF DESIRED).
- BIRTH POOL
- EXTRA BIRTH/POSTPARTUM ASSISTANTS.* (ADDITIONAL FEE ADDED IN THE CASE OF BREECH OR TWINS)
- POSTPARTUM CARE FOR CLIENT AND BABY IMMEDIATELY AFTER BIRTH FOR A MINIMUM OF 2 HOURS.
 - IN-HOME VISITS AT 24-72 HOURS POSTPARTUM,
 - **IN -HOME VISITS APPROXIMATELY 1 WEEK, 2 WEEKS.**
 - IN CLINIC VISITS 4 WEEKS, AND 6 WEEKS POSTPARTUM.
- ONE NEWBORN SCREEN, 24-72 HOURS. (OPTIONAL)
- ONE NEWBORN SCREEN, 1-2 WEEKS. (OPTIONAL)

ALSO INCLUDES:

- STANDARD FUNCTIONAL LABS & NUTRITION SUPPORT WITH FUNCTIONAL DIETITIAN
- 3 MENTAL WELLNESS APPOINTMENTS WITH DUAL CERTIFIED CNM/ NURSE PRACTITIONER
- TWICE A MONTH PRENATAL YOGA CLASSES
- 6 CHILDBIRTH EDUCATION CLASSES

MATERNAL LABS INCLUDE:

ROUTINE OB LABS PLUS SOME FUNCTIONAL LABS INCLUDED

- FULL OB PANEL INCLUDING HIV, HEP B, HEP C.....INITIAL VISIT
- URINE CULTURE.....INITIAL VISIT
- CHLAMYDIA & GONORRHEA, TRICHOMONAS.....INITIAL VISIT
- FULL THYROID WITH HASHIMOTO SCREEN...../.....INITIAL VISIT
- VIT D.....INITIAL VISIT
- FULL IRON PANEL.....INITIAL VISIT
- INFLAMMATORY MARKERS.....INITIAL VISIT, 28 WKS,
- AVERAGE GLUCOSE/INSULIN METABOLISM(.....<11 WKS
- CBC AND FERRITIN.....INITIAL VISIT, 28 WKS, 36 WEEKS
- GESTATIONAL DIABETES SCREEN.. (OPTIONS AVAILABLE)....28 WKS
- GROUP B STREP36 WKS
- RH NEGATIVE ANTIBODY SCREENS IF NEEDED.....26 WKS

PLEASE NOTE. WE HAPPILY SERVE YOU AT HOME WITHIN CITY LIMITS. FOR CLIENTS OUTSIDE OF CITY LIMITS WE ASK FOR AN ADDITIONAL \$350 TO COVER OUR TIME FOR ALL HOME VISITS

CLINIC ADDRESS : LOTUS HOUSE
13805 ANN PL
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78728

NOT INCLUDED:

- FULL FUNCTIONAL LABS
- ALL ULTRASOUNDS
 - RECOMMENDED ULTRASOUNDS:
 - DATING ONLY IF NEEDED/DESIRED
 - ANATOMY SCAN 19-22 WEEKS
 - BIOPHYSICAL PROFILE EVERY 3DAYS STARTING AT 41 WEEKS.
 - INSURANCE CAN BE USED AT MATERNAL FETAL MEDICINE WITH A REFERRAL FROM US
- OR
- TYPICALLY \$150-\$250 CASH PAY AVAILABLE PER ULTRASOUND
- ADDITIONAL MATERNAL LABS INCLUDING GENETIC SCREENING.
 - GENETIC SCREEN CAN RUN THROUGH INSURANCE OR BE PAID CASH, USUALLY <\$100
- RHOGAM.
- DOULA SUPPORT.
- VITAMINS AND SUPPLEMENTS.
- HOME BIRTH ACCESSORIES FOR TUB: TUB LINER, ADAPTERS, HOSE
- HOME BIRTH ITEMS REQUIRED LIKE TOWELS, BLANKETS, SANITARY PADS ETC
 - WE WILL PROVIDE A LINK TO A HOME BIRTH SUPPLY KIT

PAYMENT SCHEDULE

HOME VISIT PACKAGE \$8500

OUR COLLECTIVE MIDWIFERY CARE IS BROKEN INTO TWO PARTS

- PRENATAL SERVICE : WEEK 10-37
- ON CALL SERVICE : WEEK 37- 6 WEEKS POST PARTUM

- **INITIAL DEPOSIT \$500 DUE AT INITIAL APPOINTMENT**
 - (IF LABS ARE CASH PAY : ADDITIONAL \$500)
- **PRENATAL SERVICE \$3500**
 - **REQUIRED MONTHLY PAYMENTS/DEBIT PLAN FROM 14 WEEKS, TERMINATES AT 34 WEEKS.**
- **ON CALL SERVICE \$4500 PAID AT 36 WEEKS.**

REFUND POLICIES

- WEEK 10-34 :AUTOMATIC DEBIT PAYMENTS WILL BE SET UP.THESE PAYMENTS CREATE ONE PRENATAL **PACKAGE THAT IS NON REFUNDABLE**. THESE FEES INCLUDE ACCESS TO FUNCTIONAL MEDICINE CONSULTS, MENTAL WELLNESS CONSULTS, PRENATAL YOGA AND CHILDBIRTH EDUCATION CLASSES REGARDLESS IF YOU TRANSFER OUT OF CARE PRIOR TO 37 WEEKS.

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 - IN THE SITUATION THAT YOU TRANSFER AFTER 37 WEEKS PRIOR TO LABOR DUE TO PREGNANCY COMPLICATIONS, WE REMAIN PART OF YOUR TEAM IN DECISION MAKING, SUPPORT AND POST-PARTUM CARE.
 - IN THE SITUATION THAT YOU TRANSFER DURING LABOR, WE ACCOMPANY YOU AND GIVE SUPPORT AS NEEDED AS WELL AS POST PARTUM CARE AFTER HOSPITAL DISCHARGE.

PREMIERE PACKAGE

\$10 500: ASSUMING LABS GO THROUGH INSURANCE

INCLUDES STANDARD MIDWIFERY CARE:

- PRENATAL APPOINTMENTS **IN HOME** (MONTHLY UNTIL 28 WEEKS, BI-WEEKLY FROM 28-36 WEEKS, AND WEEKLY FROM 36 WEEKS TO DELIVERY)
- ADDITIONAL PRENATAL APPOINTMENTS IF NEEDED.
- 24/7 ON CALL MIDWIFE ACCESS
- VITAMIN K AND ERYTHROMYCIN FOR NEWBORN (IF DESIRED).
- BIRTH POOL
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 - **IN-HOME VISITS AT 24-72 HOURS POSTPARTUM,**
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ALSO INCLUDES:

- STANDARD FUNCTIONAL LABS & NUTRITION SUPPORT WITH FUNCTIONAL DIETITIAN
- **FULL FUNCTIONAL LAB ASSESSMENT & NUTRITION SUPPORT WITH FUNCTIONAL DIETITIAN**
- **MONTHLY** MENTAL WELLNESS APPOINTMENTS WITH DUAL CERTIFIED CNM/ NURSE PRACTITIONER
- TWICE A MONTH PRENATAL YOGA CLASSES
- **3 PRIVATE IN HOME YOGA & CHILDBIRTH EDUCATION CLASSES**

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YOU AT HOME WITHIN CITY LIMITS. FOR CLIENTS OUTSIDE OF CITY LIMITS WE ASK FOR AN ADDITIONAL \$500 TO COVER OUR TIME FOR ALL HOME VISITS

NOT INCLUDED:

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PAYMENT SCHEDULE

PREMIER PACKAGE \$10 500

OUR COLLECTIVE MIDWIFERY CARE IS BROKEN INTO TWO PARTS

- PRENATAL SERVICE : WEEK 10-37
- ON CALL SERVICE : WEEK 37- 6 WEEKS POST PARTUM
- **INITIAL DEPOSIT \$500 DUE AT INITIAL APPOINTMENT**
 - (IF LABS ARE CASH PAY : ADDITIONAL \$500)
- **PRENATAL SERVICE \$5000**
 - **REQUIRED MONTHLY PAYMENTS/DEBIT PLAN FROM 14 WEEKS, TERMINATES AT 34 WEEKS.**
- **ON CALL SERVICE \$5500 PAID AT 36 WEEKS.**

REFUND POLICIES

- WEEK 10-34: AUTOMATIC DEBIT PAYMENTS WILL BE SET UP. THESE PAYMENTS CREATE ONE PRENATAL **PACKAGE THAT IS NON REFUNDABLE**. THESE FEES INCLUDE ACCESS TO FUNCTIONAL MEDICINE CONSULTS, MENTAL WELLNESS CONSULTS, PRENATAL YOGA AND CHILDBIRTH EDUCATION CLASSES REGARDLESS IF YOU TRANSFER OUT OF CARE PRIOR TO 37 WEEKS.
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